

# SAVING YOU IS KILLING ME

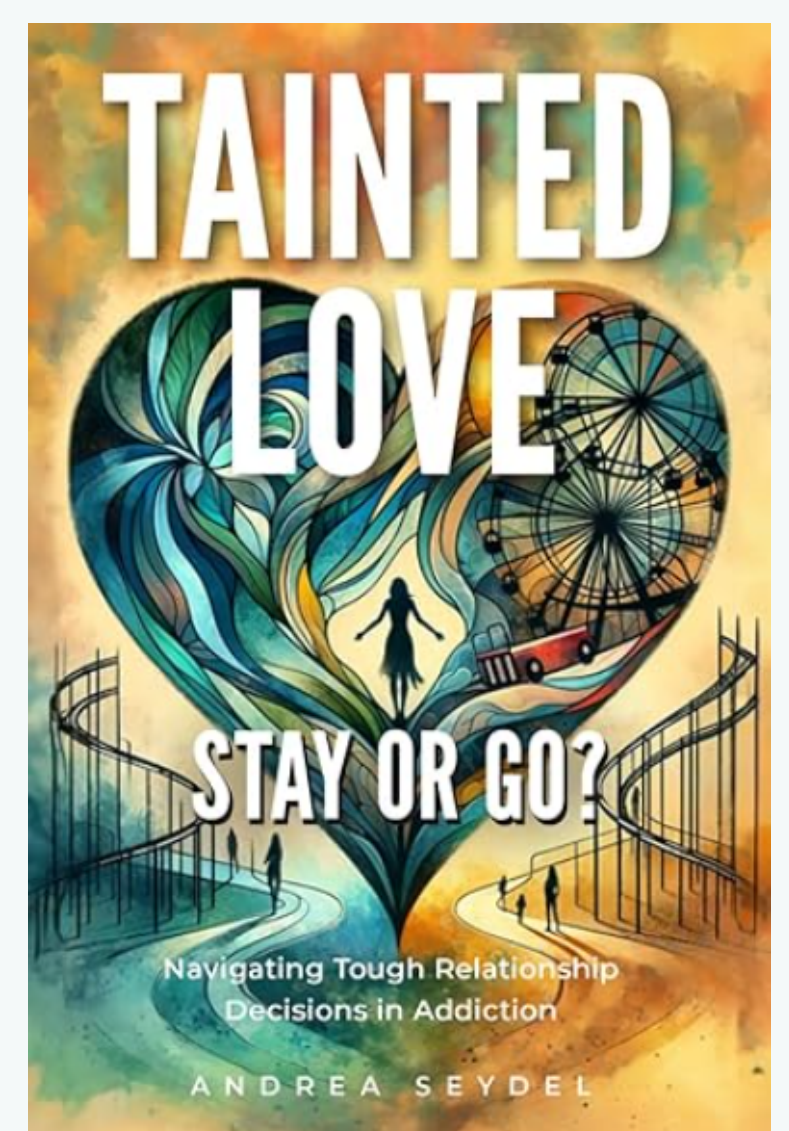
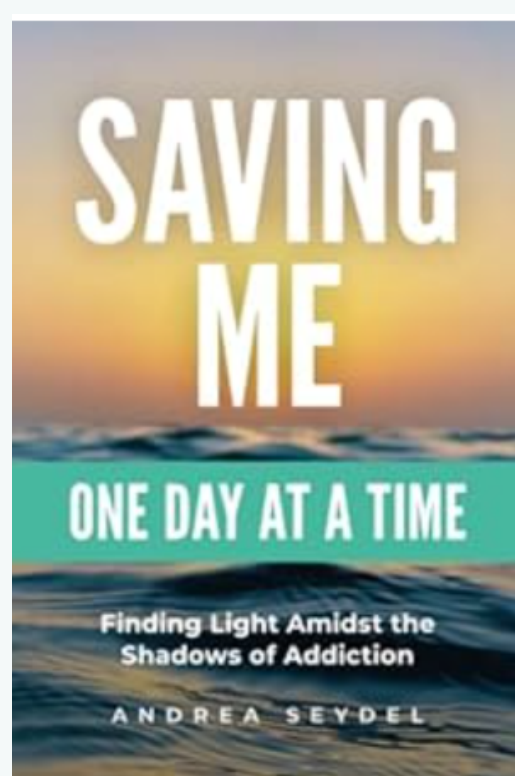
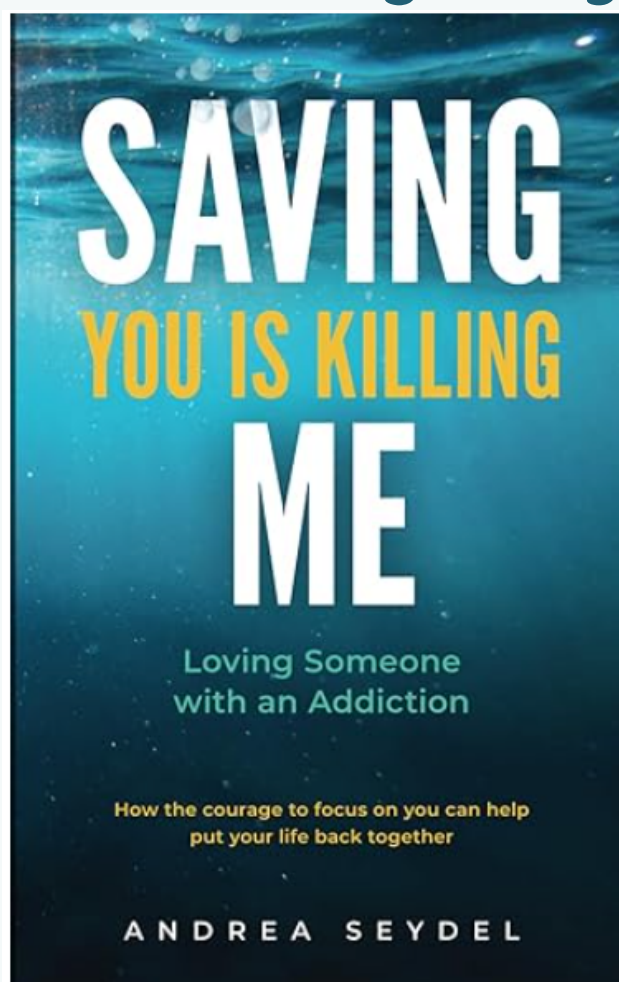
## LOVING SOMEONE WITH AN ADDICTION

### Empowerment and Resilience: Navigating the Shadows of Addiction Recovery

For those who find themselves caught in the emotional crossfire of a loved one's addiction. "Saving You Is Killing Me: Loving Someone with an Addiction" by Andrea Seydel offers a guiding light with practical tools for resilience and recovery. Dive into this transformative series and reclaim your well-being or those of your community..

### BOOK SERIES HIGHLIGHTS:

- Saving You Is Killing Me - Navigate the storm of loving someone with an addiction.
- Saving Me: One Day at a Time - Daily guidance filled with resilience and hope.
- Sunshine Through The Clouds - A gentle approach for children affected by family addiction.
- Tainted Love: Stay or Go? - Make empowered decisions in relationships challenged by addiction.



**ANDREA SEYDEL**

### Empowerment and Recovery from Addiction's Shadows

#### About the Author:

Andrea Seydel, an expert in applied Positive Psychology, uses her extensive academic background and personal journey to support those affected by addiction. Learn more at [savingyouiskillingme.com](http://savingyouiskillingme.com).





# EMPOWERING INDIVIDUALS AND FAMILIES AFFECTED BY ADDICTION



SYKM Magazine



SYKM TV Channel



SYKM Podcast



Support Group

## Engage and Empower

### OPPORTUNITIES TO COLLABORATE

- Bulk Book Purchases: Special rates are available for organizations.
- Speaking Engagements: Invite Andrea to speak at events and conferences.
- Podcast & Magazine Features: Collaborate to share insights on addiction recovery.
- Custom Workshops: Tailored content for your specific audience needs.
- Partnership Opportunities: Join forces for mutual promotional benefits.
- Resource Listings: Add Andrea's tools to your professional resources.

## Addictions Hidden Impact

### SUPPORTING THE SILENT SUFFERERS OF ADDICTION:

It is estimated that for every person struggling with addiction, at least four others are directly affected—spouses, children, family members, and close friends. Despite these numbers, resources and support specifically aimed at helping these individuals cope and recover remain significantly underserved. Nearly 85% of families report needing more support and guidance to navigate the emotional and psychological toll of a loved one's addiction.

## What Experts Are Saying

"Andrea Seydel's book series, 'Saving You Is Killing Me,' offers profound insights into addiction recovery. Her expert use of positive psychology provides not just hope but practical tools for those impacted by addiction. Her extensive reach through her magazine, podcast, and TV channel makes her a pivotal resource in the recovery community."

**Dr. Elaine O'Brien, PhD, Clinical Psychologist**

"Andrea Seydel's work brilliantly integrates the science of well-being with real-world applications for those affected by addiction. Her books are crucial for anyone seeking to foster resilience and recovery. Additionally, Andrea's engaging media outlets expand her impact, making her a leading voice in the field of positive psychology and addiction recovery."

**Louisa Jewell, MAPP, President of the Positive Psychology Association**

**READY TO COLLABORATE?  
LET'S TALK!**

## TRANSFORMING PAIN INTO RESILIENCE TOGETHER



Andrea Seydel

+416-456-7555

[andrea.livelifehappy@gmail.com](mailto:andrea.livelifehappy@gmail.com)

[www.savingyouiskillingme.com](http://www.savingyouiskillingme.com)

[www.andreaseydel.com](http://www.andreaseydel.com)

**Schedule Your Meeting  
Now [Click here](#) or Scan**

